

## Nooksack Valley's Be The One Mentoring Program October 2023



### Carve out the good times!:

- On Halloween, a student dressed up as me 😊 (see above)
- Our students are deeply cared for by their mentors and staff, which shows in a variety of ways:
  - A teacher let the mentor join the foods lab so that the student could participate and not have to miss time with their mentor. The mentor enjoyed seeing the student in a different environment and had several compliments for her.
  - Together a mentor and I cried as we worried about the hopelessness her student is feeling.
  - A student was sharing that her family and friends forgot that her birthday was coming up, later that day her mentor showed up with a birthday present. The student beamed for days!
- **Being seen is important!**
- Facilitated a closure session between a middle schooler and mentor who have a great relationship, but student felt overwhelmed with their classes. We are hopeful that they will re-connect in a few months.
- **THREE NEW MATCHES started this month! With two on the horizon!**
- Weekly, a pair plays chess. The student hardly engages with me but was very excited to share that he finally beat his mentor after a year of losing.

- Pairs and small groups decorated pumpkins at both the middle school & the high school! (see photos on next page)



*Submitted by Lauren Olson*

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